

EYNESHAM HEROES COMMUNITY

NETWORK NEWS

MARCH 26 2020

EYNESHAM
Good Neighbour
NETWORK



Local Coronavirus help in association with Eynsham Good Neighbour Network



HOW TO GET HELP

Vulnerable? Can't get out? If you, or a neighbour or family member needs support there is someone on your street happy to help with food shopping, getting essentials, or just a chat

Call 07443 564516



eynshamhelp@gmail.com

GET INVOLVED



To join your local neighbourhood WhatsApp group e-mail eynshamhelp@gmail.com with your address and mobile number



Join Eynsham Volunteers – Corona Virus Help



Donate to: Eynsham Heroes – Community Support Fund
www.gofundme.com/f/eynsham-heroes-community-support-fund



Contribute to Eynsham foodbank: Call Bob Thiele (07738 063083) or Zoltan Biro (01865 881670)



Share this information with other people you know locally

SPREADING VIRAL KINDNESS



There's nothing Eynsham does better than pulling together to achieve great things – whether it's a party, a pram race, a protest, a play, or a plan! It's therefore no surprise that in these strange times the amazing people of Eynsham have rallied to build a support network of over 500 volunteers poised to help see our community through the Coronavirus pandemic.

In the past week we have:

- Put 2200 postcards through every letterbox in the village
- Built a community Facebook group
- Set up 10 neighbourhood WhatsApp groups
- Created a group admin team and steering group
- Helped the Eynsham emergency food bank to get up and running, and to distribute its first emergency packages
- Established a GoFundMe page, the proceeds from which will be split 50/50 between the Eynsham emergency food bank and the Eynsham Good Neighbour Network
- Opened conversations with Eynsham Medical Centre, Lloyds Pharmacy, local retailers, and other community networks
- Dealt with over 25 requests for help with essential prescription or food collection.

This is just the beginning, but we are confident we are ready for if – or when – things get busy, and will work with other volunteer schemes to make sure no-one is left without support. A huge thankyou to everyone who has already stepped forward to get involved.

BRINGING LIGHT TO THE DARKNESS



In these uncertain times we all have to find ways to make sure no-one feels left alone in the dark. To help lift everyone's spirits, local hero Nic Saunders has launched a campaign inviting Eynsham households to brighten up their windows and gardens with fairy lights. Nic's Facebook group – **Bring A Little Light To Our Dark** – has now gone viral, with over 1000 members (and counting) from as far as Spain and Dubai now sharing photos or videos of their illuminations. Dig out your Christmas lights and join in the sparkly fun!

COMMUNITY THROUGH CREATIVITY



RAINBOWS OF HOPE

Have you seen all the rainbows popping up in windows around the village? Painting the whole world with a rainbow isn't just for kids! Get your felt tips out now and send a message of solidarity to the world! And once you've finished your rainbows why not add some flowers? Or some funny faces? Or messages of hope!

QUILT MAKING

Marta Biro would like to invite you to create a quilt with her entitled: Eynsham's Journey through Covid-19. This is open to all creative and artistic people and doesn't require a high skill set, just enthusiasm and willingness to contribute to create this 'masterpiece'. Your part would be to make a 15cm x 15cm square piece of textile 'creation' (add at least 1cm seam allowance) which will be part of a larger quilt and hopefully will be on display one day. If you are interested in this project and you want some more information or help, please contact Marta on **07846 068076** or message her on Facebook.

If you have any other ideas which might bring smiles to our neighbours, or want to run an online quiz or evening of live street music, please share them on our **Eynsham Volunteers - Corona Virus Help** Facebook page or e-mail your thoughts to eynshamhelp@gmail.com

CLAP FOR OUR KEYWORKERS



Whilst most of us are able to stay safe by staying home – apart from to gather essentials, help others, or take daily exercise – many people in our community are still out working hard to keep us all going. Let's show them our gratitude with a round of applause in our doorways or at our windows every Thursday at 8pm. NHS and social workers, people supplying us with food, wine and medicines, carers, emergency services, military personnel, refuse collectors, delivery people, teachers, TAs and everyone running essential services for the benefit of us all - **WE SALUTE YOU!**

STAY AT HOME. PROTECT THE NHS. SAVE LIVES.

Latest government advice www.gov.uk/coronavirus

USEFUL SERVICES

Eynsham Foodbank

Call Zoltan Biro (01865 881670) or Bob Thiele (07738 063083) for emergency food support

The Samaritans (24 hours)

Call 116 123

West Oxfordshire Coronavirus help

www.westoxon.gov.uk/coronavirus

Call 01865 89 78 20 or e-mail

shield@oxfordshire.gov.uk for support

LOCAL HEROES

At the time of writing, these local businesses are operating collection or delivery services. For up-to-date information visit: eynsham-pc.gov.uk. Please limit contact by placing a box for deliveries outside:

The Bayleaf: 01865 884401 or bayleafeynsham.co.uk

The Curiosity Box: curiosity-box.net

The Edge Eatery: 07896 953194 or facebook.com/theedgeeateryltd

Evenlode DIY: 01865 881392 or open 10-1 and 2-5 Monday-Saturday

Eynsham Cellars: 01865 884405 or eynshamcellars.com

Golsby Butchers: 01865 881219 or golsby.butchers@gmail.com

Jessie's Art Shed: jessiesartshed.com

Lloyds Pharmacy: 01865 881283

The Market Garden: 01865 604571 or themarketgarden.co.uk

Mayfield Eggs: 01993 868584

The Natural Bread Company <https://www.naturalbreadcompany.co.uk/where-to-buy-our-bread/-home-delivery>

No More Shoulds Online Yoga and Mindfulness: facebook.com/nomoresoulds

Ready Steady Spice: 01865 883333 or readysteadyspice.com

Spar: 07743 360642 or 0777 2234029 (deliveries to the vulnerable before 1pm)

The Swan: 01865 88122 or facebook.com/SwanEynsham

Dave Maybrick Bicycle Repair: davemaybrick@hotmail.com or call 07971 406 732