

# Domestic abuse will **NOT** be tolerated!

If you are  
a victim of  
domestic  
abuse, help  
and support  
is available  
**24/7**



In an emergency: **always call 999** If you can't speak, call 999 and dial 55.  
In a non-emergency: **Call 101** or **make a report online on our website.**

#### Charities are ready to help:

**National Domestic Abuse Helpline:**  
free, open 24 hours a day on  
0808 2000 247

**Victims First:** [www.victims-first.org.uk](http://www.victims-first.org.uk)

**SAFE! Supporting Young  
victims of crime (aged 5 - 18)  
across the Thames Valley:**

0800 1337938

More information is available on [www.thamesvalley.police.uk](http://www.thamesvalley.police.uk)